



NEWSLETTER

(334) 240-4680 | www.centralalabamaaging.org | Autauga, Elmore and Montgomery Counties

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Free Memory Screenings

Join us the last Thursday of each month from 10am-11am for a free memory screening at our office. Screenings are confidential. No appointments necessary.

If you would like to electronically receive this newsletter, please give us a call at (334) 240-4680!

Need to Reach Us?

2500 Fairlane Drive, Suite 200
Montgomery, AL 36116
(334) 240-4680

HOURS:

Monday-Friday
8:00am - 4:30pm
Call our ADRC for assistance
M-F, 8:00 am - 5:00 pm

Look for us on Facebook!



SenioRx is a Prescription Drug Assistance Program that helps individuals apply for and receive free or low cost, name brand medications from pharmaceutical company programs.

The goal of SenioRx is to reduce economic stress to low-income individuals who are facing financial hardships due to the high cost of prescription medications.

Individuals may qualify for assistance if they meet one set of the following criteria:

If you are at least 55 years of age with no prescription drug coverage and have a chronic medical condition and meet annual household income limits.

OR

If you have a disability at any age and you have been deemed disabled by Social Security, or have applied for disability and are waiting on a decision, or have a doctor’s declaration of disability, or you are in the 24-month Medicare waiting period.

OR

You have Medicare and have reached your Medicare Part D coverage gap.

Through the SenioRx Prescription Drug Assistance Program we strive to promote better health and improve the quality of life of Alabama’s older population and people with disabilities.

Please call Roxanne Diawara, SenioRx Coordinator at (334) 240-4680 if you need medication assistance.



Central Alabama Aging Consortium’s
Director Susan Segrest

Director’s Corner

By: Susan Segrest

Happy New Year from the staff of Central Alabama Aging Consortium! We are here to serve you in 2019. If you have questions about benefits or services available to the elderly and disabled, contact our Aging and Disability Resource Center by calling 334-240-4670. We will gather information, assess your needs and link you with available community resources or assist you with applying for benefits for which you may be eligible. In fiscal year 2018, CAAC served 99,264 meals to 1,133 elderly participants at our area senior centers. We also served 162,259 home-delivered meals to 1,110 elderly individuals. There were 424 individuals who are elderly and disabled who received services through the elderly and disabled waiver program. We are currently adding clients to this program. If you or a family member are having difficulty performing daily tasks due to chronic medical conditions, contact us to be screened for eligibility for the program. Services include homemaker, personal care, skilled and unskilled respite, companion, adult day care, and meals. Applicants must meet both medical and financial criteria to be eligible. CAAC serves the elderly and disabled in the tri-county area. For more information, review our website at www.centralalabamaaging.org. As the area agency on aging for Autauga, Elmore, and Montgomery counties, our mission is to develop, coordinate, and support services in the community that promote an active and independent life-style where those we serve can live and thrive.

SHIP - Medicare Open Enrollment

MEDICARE Annual ENROLLMENT

January 1 - March 31

In 2019, a new Medicare Advantage Open Enrollment Period will run from January 1 – March 31 every year. If you’re enrolled in a Medicare Advantage plan, you’ll have a one-time opportunity to:

1. Switch to a different Medicare Advantage plan
2. Drop your Medicare Advantage plan and return to Original Medicare, Part A and Part B
3. Sign up for a stand-alone Medicare Part D Prescription Drug Plan (if you return to Original Medicare).

Most Medicare Advantage plans include prescription drug coverage already. Usually you can’t enroll in a stand-alone Medicare Prescription Drug plan if you already have a Medicare Advantage plan, but there are some situations where you can. Individuals affected by Medicare Advantage, Medicare Advantage Prescription Drug, or Prescription Drug Plan non-renewals or plan terminations qualify to make a change during this time.

Call our ADRC for additional screening @ 240-4670

**3rd Annual Dementia Friendly
Alabama Golf Classic**

Friday, March 29, 2019

Robert Trent Jones at Capitol Hill - Senator Course, Prattville, AL

Registration for the annual Dementia Friendly Alabama Golf Classic is now open. Hats and goodie bags will be available for all participants with a quick-grab lunch provided at 11 a.m. Format is a 4-man team scramble and tee time is at 1 p.m. There will be complimentary beverages throughout the tournament and door prizes will also be awarded.

*Contact Stephanie Holmes at (334) 240-4680 or
Stephanie.Holmes@adss.alabama.gov for more information.*



*2500 Fairlane Drive, Suite 200
Montgomery, Alabama 36116*

“Help us fight for those who can’t remember.”